# SlimBiome<sup>®</sup> Medical with SlimBiome<sup>®</sup>



## SlimBiome® Medical

A CE marked medical device, SlimBiome® Medical is a science-backed natural supplement to aid with effective weight management and is suitable for vegans. It helps to reduce food intake when consumed prior to a meal achieved by taking up additional room in the stomach, which in-turn promotes a prolonged feeling of fullness.

SlimBiome® Medical can aid with effective and sustainable weight management when consumed as part of a balanced and calorie-restricted diet and is supported by EFSA (European Food Safety Association) health claims for weight loss and blood glucose maintenance.

Article 13(1) of Regulation (EC) No 1924/2006



Containing the award-winning ingredient SlimBiome® and using microbiome modulation science, SlimBiome® Medical combines three functional key ingredients to actively help individuals achieve their weight loss goals by reducing their food intake and food cravings and supporting a healthy gut:

- **Glucomannan**, a natural, water-soluble dietary fibre that provides a gelling activity in the stomach when hydrated to promote the feeling of fullness (satiety), as well as delaying the stomach from emptying, to prolong the feeling of fullness.
- Chromium Picolinate, a trace mineral that helps regulate and enhance the action of insulin to maintain blood sugar levels which prevents overeating and reduces food cravings.
- **3** Chicory Root Fibre, a prebiotic which improves the diversity of the gut microbiome, enhancing the numbers and activity of health positive bacteria such as the probiotic bifidobacterial. A number of studies have shown enhanced microbiome diversity is associated with leanness.

# Glucomannan and Chromium Picolinate have overwhelming scientific support by publications and both have EFSA claims\*.

- Glucomannan contributes to the reduction of body weight in the context of an energyrestricted diet <sup>33</sup>
- Chromium contributes to the maintenance of normal blood glucose levels

\*Article 13(1) of Regulation (EC) No 1924/2006



The formulation is formulated to work synergistically, each ingredient working on different weight loss mechanisms so that:

- → IT MAKES THE USER FEEL FULL, AND HENCE LESS LIKELY TO EAT AS MUCH FOOD OR SNACK BETWEEN MEALS
- → IT CONTROLS BLOOD SUGAR PEAKS AND TROUGHS, REDUCING CRAVINGS
- -M<sub>−</sub> IT PROMOTES A BALANCED GUT



SlimBiome<sup>®</sup> Medical is designed for use as part of a calorie-restricted diet.

#### **Directions for use**

Simply pour one sachet into an empty glass, add 200ml of water, mix and then consume immediately.





SlimBiome<sup>®</sup> is an award-winning patented ingredient formulated by leading UK universities in the field and key opinion leaders in weight management, functional food ingredients and the gut microbiome. It offers a hungerfree approach that helps users to reduce their food intake by taking up additional room in the stomach, reducing food cravings, and supporting improved gut health due to its high dietary and prebiotic fibre content. Stimulating the growth of health positive bacteria in the gut, the SlimBiome® blend of prebiotics and dietary fibres facilitates healthy weight loss, while the trace mineral content enhances the body's use of insulin, helping to metabolise carbohydrate and fat. The inclusion of prebiotic fibres maintains gut microbiome diversity, providing improved gut health, which has been associated with improved weight loss.

It has been shown in human intervention studies to be an effective means of supporting hungerfree weight management, with independent studies from Oxford Brookes University and University of Roehampton showing it to:

- -M- SIGNIFICANTLY REDUCED WEIGHT AND BODY FAT
  - SIGNIFICANTLY REDUCED SYSTOLIC BLOOD PRESSURE
- M<sub>r</sub> SIGNIFICANTLY IMPROVED USERS' MOOD
- INCREASE THE FEELING OF FULLNESS
- -M- DECREASE FOOD CRAVINGS





# Award-winning ingredient



Ingredient of the Year: Weight Management



Best Functional Ingredient for Health and Wellbeing

#### Presentation formats available



Flavoured/unflavoured Sachets

### To find out more please contact OptiBiotix on: SlimBiomeMedical@optibiotix.com

### optibiotix.com

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