

# Breakfast Smoothie

Get Through The Morning With a Nutritious and Filling Breakfast



## The Convenient & Nutritious Breakfast Alternative That Sets You Up For The Day

Looking for a convenient breakfast to set you up well for the day? Well, this high-protein Breakfast Smoothie will instantly set you up for a hunger free day to hit your weight loss goals.

Our Breakfast Smoothie is a delicious blend of protein, carbs and fats, made with added real fruits – delivering everything you need, to get your day off to a strong start.

Designed to support weight management and has added protein to help build lean muscle mass. We've added patented SlimBiome® a scientifically supported blend of dietary fibres and mineral to support your weight loss.

## Making Weight Loss Easy

The Breakfast Smoothie combines a massive 23g protein with our unique & patented dietary fibre / mineral complex SlimBiome.

This unique combination supports people aiming to lose weight whilst aiming to keep their protein intake high.

SlimBiome® is a helping hand for people on a calorie restricted diet. It reduces hunger and cravings to make you stick to your chosen regime and achieve your weight loss goals faster.

Each breakfast smoothie contains only 149 kcal, so they'll taste like a treat but won't undo all of your hard work to lose weight.

The Breakfast Smoothie is available for purchase in bulk or as finished product.

## Breakfast Smoothie To Hit Your Weight Loss Goals

### On pack benefits

Contains patented weight loss ingredient SlimBiome®



High protein  
23g of protein per serving



Good Source of Fibre  
3.6g per serving



Promotes healthy metabolism of macronutrients



Supports a healthy gut microbiome



Fortified with vitamins & minerals



Made with real fruit



### Additional benefits



Great tasting, available in different flavours



Quick & easy - Or add to shakes, bakes or other foods



Feel fuller for longer, reduces your food cravings



Contains dietary and prebiotic fibres



Registered trademark



Features SlimBiome®, a Scientifically formulated and Patented ingredient

Complies with Regulation (EU) n°1169/2011

# What Makes Breakfast Smoothie Different?



- ✓ Each serving contains patented SlimBiome®, a scientifically formulated functional fibre and mineral blend.
- ✓ SlimBiome® is scientifically backed and shown in studies to support weight loss along with many other health benefits such as improve gut microbiome diversity, maintain blood glucose levels and even improve mood.
- ✓ The Breakfast Smoothie contains a very high dose of 3.6g of unique fibres per serving to support the development of a healthy gut microbiome which supports general health & wellbeing.

## Nutritional Data

Typical Values	Per 60g serving	Per 100g serving
<b>Energy (kcal)</b>	149	372
<b>Fat (g)</b>	3	7.5
Of which saturates (g)	0.9	2.5
<b>Carbohydrates (g)</b>	5.6	14
Of which sugars (g)	2	4.9
<b>Fibre (g)</b>	3.6	8.9
<b>Protein (g)</b>	23	58
<b>Salt (g)</b>	0.52	1.31

## Directions For Use

Add 1 scoop (40g) to 300ml of water or milk at breakfast time. Consume within an hour after rehydration.

## Ingredients

Whey Protein Concentrate (**Milk**), Emulsifier(Sunflower Lecithin), Pea Protein Isolate, Oat flour, SlimBiome® (Fructooligosaccharide, Glucomannan and Chromium Picolinate), Sunflower Oil Powder Preparation, Sunflower Oil Powder Preparation, Banana Powder, Natural flavouring, Beetroot powder, Thickener (Xanthan Gum/ E 415), Sweetener (Sucralose / E 955).

Allergens: For allergens, including cereals containing gluten, see ingredients in **bold**.

## SlimBiome® Features



PREBIOTIC



LACTOSE & GLUTEN FREE



HALAL & KOSHER



NON GMO



EFSA & HEALTH CANADA HEALTH CLAIMS



FSANZ CLAIMS AVAILABLE



GRAS



FREE FLOWING POWDER  
(EASILY ADDED DURING MANUFACTURING)



HEAT STABLE

## About SlimBiome®

SlimBiome® is a functional fibre and mineral blend that helps people on a calorie restricted diet to lose weight and promotes the diversity of the gut microbiome to sustain weight loss.

Formulated by leading UK universities and key opinion leaders on the gut microbiome and functional food ingredients, SlimBiome® provides a patented, scientifically formulated ingredient, suitable for a wide range of applications in the food and supplement market.

## Regulatory Approvals



## Health Claims\*

- ✓ Contributes to weight loss as part of a calorie restricted diet
- ✓ Contributes to a growth & maintenance in muscle mass
- ✓ Carbohydrates contribute to the recovery of normal muscle function (contraction) after highly intensive exercise
- ✓ Contributes to maintain normal levels of cholesterol in the blood
- ✓ Contributes to the maintenance of normal blood glucose levels
- ✓ Contributes to normal macronutrient metabolism
- ✓ Contributes to satiety and a feeling of fullness and helps you stay fuller for longer
- ✓ Contributes to reduced feelings of hunger, food cravings and the desire to eat
- ✓ Supports digestive health by maintaining and/or improving the gut microbiome
- ✓ Supports digestive Health by promoting the growth and diversity of beneficial bacteria in the gut

\*Depending on the regulatory jurisdiction these official health claims can be made.